



DAY AT MERITROOT GURUKUL, DEHRADUN

Time	Activities
5:00 AM-6:30 AM	Wake-Up Call & Time to Memorize Formulae
7:00 AM – 8:00 AM	Check your To-do-list on Notice Board and Breakfast
8:15 AM – 11.15 AM	Tutoring Hours- Phase 1(School/Entrance)
11.15 AM-11.30AM	Break Time
11:30 AM – 1:00 PM	Tutoring Hours- Phase 1(School/Entrance)
1:00 PM – 2:30 PM	Break & Lunch Time
2:45 PM – 5:00 PM	Tutoring Hours- Phase 3(NEET/IIT Entrance)
5:30 PM – 6:30 PM	Campus Sports
7:00 PM – 8:00 PM	Dinner
8:00 PM – 9:30 PM	Abhayash Hours guided by Mentors
9:30 PM – 11:30 PM	Self - Study

Note: 1 Weekly Assessments through our official App/ Website

Note: 2 This is the regular schedule, exact Batch-wise schedule will be given to the students individually by their Mentors. If any student needs more help. Our Mentors will guide them time to time.